

Examples of Healings — *From Birth to Rebirth*

Emotional Healings

Depressive Thoughts

A young woman had depressive thoughts all of her life. She was regressed to a life as Marvin Banks, a private in the Confederate Army who lay dying in a makeshift hospital in South Carolina, consumed with frustration, anger, and depression. He lay there waiting to die for four long weeks until his body, wracked with pain, mercifully gave up his spirit. After working through this healing and release of the feelings from that lifetime, the depressive thoughts were released. Four years later, she has had no further depressive thoughts.

Physical Healings

Chronic Headaches and Neck Pain

A 33-year-old female with chronic daily headaches associated with neck pain for many years found that 3 lifetimes contributed to her problem: a lifetime in the 1800s as a Saskatchewan Indian who was a virtual slave to the chief of the tribe and was often beaten, especially on the head; a life in England in 1740 where she was married to a man who often grabbed her roughly by the back of the neck; and a lifetime in 1943 when, as a six-year-old girl named Sarah, she was playing on a swing and was pushed higher and higher by several mean-spirited boys. The swing was completely out of control; she was thrown and crashed upon the ground, causing a severe head injury, which resulted in death. Follow-up three years later revealed that Darlene was still free of this problem.

Migraine Headaches

When taken back to the cause, this young female subject remained silent as she tearfully envisioned an episode as an adult woman in the 15th century being stoned to death. It was only after I had brought her out of the hypnotic state that the subject could relate the events to me that she had experienced in that lifetime. The revelation that the stoning death was the cause of her migraines was understood and put into proper perspective by her conscious mind. Subsequent contact indicated that she had experienced a great degree of improvement with the severity of her headaches.

Irritable Bowel Syndrome

A 45-year-old female had irritable bowel syndrome for several years. I suggested that she return to the cause, using the help of her Spirit Guide. She began describing herself as an extremely ill 20-year-old black female, living within an African tribe in 1903. Vicki appeared noticeably uncomfortable as she carried on with a detailed account of everyone in the tribe being struck with a parasitic disease that caused a severe form of constipation, abdominal pain, nausea, and vomiting. She and her entire tribe died horrible deaths. I emphasized the importance of her understanding that this subconscious cell memory had somehow been reactivated and was now responsible for bringing back the pain, nausea, constipation, and other physical symptoms that had affected her in a past life. I drilled home the fact that her conscious mind would now be able to recognize and fully comprehend the cause of her gastrointestinal problem, which would then enable her to release the traumatic effect upon her physical body. In a follow-up phone call three months later, Vicki exuberantly stated that she was very much improved.

“My research has led me to believe that looking within oneself is the only path to discovering Ultimate Truth. Such a quest will lead one to understand that the answers to all questions, including those pertaining to the mysteries of the universe, are to be found within one’s very being.”