

SUGGESTED INTERVIEW QUESTIONS FOR AINGEAL ROSE O'GRADY

A TIME OF CHANGE

Aingéal (Ann-gail) Rose O'Grady is a healer trained in many healing modalities including Reiki, Psychic Laser Therapy, Hypnotherapy including past life regression, Rebirthing and more. She has been doing individual Akashic readings for the past 15 years and began group readings in 2010, which are the basis of her Honest-To-God Series of books. She lives in Ireland and the United States.

BACKGROUND

- When and how did you begin your spiritual path?
- What got you to the place where you could read the Akashic Records?
- When did you first encounter the Akashic Records?

THE AKASHIC RECORDS

- What are the Akashic Records and where are they located?
- What is the purpose of accessing the Akashic Records?
- How do you receive the information from the Akashic Records?
- Can the Records be changed?
- Can the Records predict the future?
- Can others access your personal Records without your permission?
- Who are the Lords of the Records?
- Are the Akashic Records open to anyone?
- What can we gain from accessing our own Records?

OUR SPIRITUAL SIDE

- Can you describe the differences between spirit, individuated spirit, soul, mind and brain.
- You write extensively about the Fall from Paradise that altered life on earth. Please explain the Fall and the split that occurred?
- What were the ramifications from this split?
- You mentioned that it is time to balance out our karma, how do we do this?
- Some say they just want to leave the earth, but you mention in the book that it is not why we are here.
Can you explain our purpose?
- Are there really dark and light, good and evil, or are these energies just different densities?
- How is the negative agenda's (NA) plans changing at this time?
- What can we do to regain our power and diminish theirs?
- How can individuals within society deal with the turmoil in this changing world without falling prey to the negative agenda?

How is fear debilitating and how can people overcome it?

In the book you often speak of the need for us to be self-sovereign. What do you mean by this?

EARTH CHANGES AND THE SHIFT

What is happening with the Earth Changes?

What can we expect with our water, food, etc. in the coming years?

How are solar flares affecting us?

Do you see a mass shift in consciousness coming?

What kind of financial shifts or other global shifts do you anticipate happening and why?

What can we expect over the next few years?

Is there a safe place during these changes?

What do the Records say about ETs and the Men in Black? Are they real?

The information you received is that the negative ETs actually come from this dimension? Can you tell us how this is going on right here?

GENERAL HUMAN ISSUES

According to the information you have access to, what is the main message for our time?

Many wonder who are we and why are we here. How do you answer these profound questions?

What are some of the things that hold us back from creating the life we want?

What do you mean when you talk about individuals pulling in negative interference, and what can we do about it?

What can we do for our health during these changing times?

You have a chapter on suicide. Can you tell us if people go to purgatory?

Is euthanasia the same as suicide?

Is it still considered suicide if a person is sick, has no quality of life and takes their own life?

What can you tell us about artificially engineered viruses?

We use technology more than ever. How does this effect our physical body and energy systems?

Is money really the root of all evil? What is Source's opinion about money?

What is Source's definition of prosperity?

Will there be any veils lifted over the scams that are going on with big corporations and other financial institutions that care only about acquiring more money and not about us?

Why do we feel guilty when we manifest something we wanted?

Is there any way to get rid of guilt?

What is the difference between Indigo, Crystal and Rainbow children?

Is medical science interfering with individual's life path when it keeps them alive on machines?