

SUGGESTED INTERVIEW QUESTIONS FOR JUDY CARROLL AND HELENE KAYE
THE ZETA MESSAGE AND HUMAN BY DAY/ZETA BY NIGHT

BACKGROUND

1. Judy, please tell us a little about your childhood experiences and when contact began.
2. How did the two of you meet?
3. You both believe you were friends as Zetas in a previous lifetime. What made you think this?
4. What inspired you to write two books? How do they differ?
5. What is the main thing you've learned from the ETs?

EXTRATERRESTRIAL/MULTIDIMENSIONAL INTERACTIONS

1. Why are the Zetas here?
2. Who are the Greys? Are they robotic, as many contactees report? Do they have emotions?
3. Is there a reason that some dress in black? What about other attire, such as hats, which many report seeing ETs wearing?
4. The majority of people who have contact with the Greys report having frightening or negative experiences with them. How did your relationship evolve to where you were no longer fearful of them?
5. Why are people being abducted?
6. What are the implants for?
7. Why are the hybrids being developed?
8. What advice would you give to someone who is experiencing fear as a result of going through the ET abductions?
9. Why are people who are taken up on discs often shown graphic images of major disasters happening on Earth or battles going on in space?

COSMIC SPIRITUALITY

1. Both of your books explore spirituality from the cosmic perspective. How would you describe the differences in cosmic spirituality from what we experience here on Earth?
2. What is the Human Ladder?
3. What was it like to open to your Zeta consciousness?
4. What is the reason for heightened creative and psychic abilities in many who have undergone ET contact experiences?
5. What is the reason behind the crop circles and how are they created?
6. You also work with the Guardians; are they a special group and where are they from?
7. What messages do you or the Guardians want to pass on to our audience?